**Action Planning according to Risk Level**

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| Low suicide risk - Features | Action |
| * Fleeting thoughts which are soon dismissed * No plan * Mild or no symptoms of mental illness * No alcohol or drug problem/ intoxication * Stable psychological situation | * Defuse emotional distress as far as possible * Screen for evidence of mental illness * No follow-up required |
| Medium suicide risk - Features | Action |
| * Fleeting suicidal thoughts * No plan * Evidence of mental illness * Evidence of alcohol or drug problems/ intoxication * Unstable psychological situation but no impending crisis * Infrequent dangerous or self- harming behaviour | * Defuse emotional distress as far as possible * Secure safety * Arrange full mental health and Psychosocial assessment * Arrange follow up between 72 hours and 1 week * Identify suicide prevention strategies |
| Medium/high suicide risk - Features | Action |
| * Frequent or fixed suicidal thoughts * No specific plans or immediate intent but may have considered methods * Significant mental illness * Significant alcohol or drug problem/ in toxification * Unstable psychological situation with impending crisis * Infrequent dangerous or self-harming behaviour | * Defuse emotional distress as far as possible * Secure safety * Remove/ restrict lethal means * Arrange full mental health & psychosocial assessment * Arrange daily follow-up and support * After crisis, identify suicide prevention strategies |
| High suicide risk - Features | Action |
| * Definite suicidal intent with specific plan & access to means of lethality * Significant mental illness * Significant alcohol or drug problem/ intoxification * Unstable psychological situation with impending crisis * Escalating and more frequent dangerous/ Russian roulette or self-harming behaviour | * Defuse emotional distress as far as possible * Immediate action to secure safety * Remove/ restrict lethal means * Arrange full mental health and psychosocial assessment * Arrange follow up and support over a 24 hours period * After crisis, identify suicide prevention strategies |

Adapted from STORM materials